

# Early Meals

## BREAK-FAST

69

Two buns: 1 regular & 1 dark, butter, 2 slices of cheese & strawberry jam,

*Perfect for "the little hunger"*

## HOUSEWIFE GOALS

89

Two buns: 1 regular & 1 dark, butter, 2 slices of cheese & strawberry jam, one hard boiled egg, half avocado served with cabbage mix, sprouts, almonds & walnuts

*Served extra insta worthy*

## 'BÆR' WITH ME

45

Homemade chia porridge, made with oat milk and coconut creme & vanilla. Served with blueberries, blackberry, dried strawberry & strawberry-passionfruit compote

## GET NUTS

45

Homemade chia porridge, made with oat milk and coconut creme & vanilla. Served with almonds, walnuts, pumpkin seeds, chocolate, honey/agave & strawberry-passionfruit compote

## CROSS THE SAINTS

24

Freshly baked crossaint Served with a dash of glitter and color

# Snackies

## BALLOON TORTILLAS

89

The little "black dress" of every café! The classic nachos.  
Served with salsa, sour creme, feta, jalapenos & olive mix.  
*With chicken*

+ 10

## RAINBOW DIP

59

*A little piece of happiness & rainbow lovin'*  
A healthy & fresh hummus plate with regular, rootbeet & spirulina hummus.  
Served with veggie sticks & rye bread sticks

## THE DEVILS AVOCADO

79

When you're hungry but not really, but a little !  
Delicious fresh avocado salad, served on crispy cabbage mix.  
Topped with cottage cheese, pee shots, sprouts, almonds, walnuts ,  
nigella seeds & crispy rye bread sticks



*More snacks are currently in the lab, getting tested and prepared!  
We will reveal them soon! Don't ask about them, we don't kiss and tell*

# Clubs

There's levels to this! And ya'll aint on my.  
Classical clubsandwiches with of Bows & Balloons

## BELLA IS A 'CHICK' 89

Pulled chicken, cabbage mix, tomatoes, onion sprouts, pee shots, pickled red onion & herbal mayo

## PASTEL SMOKE 89

Smoked salmon, cabbage mix, shredded carrots, tomatoes, onion sprouts, pee shots, dill & herbal mayo

## RAINBOW BED 89

Avocado, rainbow hummus, cabbage mix, shredded carrots, tomatoes, onion sprouts, pee shots & goma dressing

# Salads

## BALLOU'S CHICK 109

Pulled chicked, cabbage mix, chickpeas, tomatoes, onion sprouts, pee shots, feta & goma dressing  
*Topped with nigella seeds & pumpkin seeds*

## OCEAN MOOD 109

Smoked salmon, cabbage mix, tomatoes, pickled red onions, onion sprouts, pee shots, dill & oil-vinegar dressing  
*Topped with nigella seeds*

## UNICORN PROTEIN 109

Avocado, cabbage mix, shredded carrots, chick peas, black beans, tomatos, pickled red onions, onion sprouts, pee shots, beetroot sprouts, hummus & goma dressing.  
*Topped with almonds & pumpkin seeds*